

BRMG
In Person Meeting Schedule
5th Mondays 6:45 - 8:30 pm
Meditation Evening

6:45 Set Up Hall

7:00 Meditation

Precentor - announces "Meditation" - intones 3 gongs to start, 2 to end

7:20 Walking Meditation

Precentor - announces "Walking Meditation" and when all ready, begins (no inkin to start)

Precentor - ends with two tings of the inkin.

7:25 Break

7:30 Meditation

Precentor - intones 3 gongs to start, 2 to end

7:50 Walking Meditation

Precentor - announces "Walking Meditation" and when all ready, begins (no inkin to start),

Precentor – ends with two tings of the inkin.

7:55 Break

8:00 Meditation

Precentor - intones 3 gongs to start, 2 to end

8:20 Vespers

Precentor begins Vespers

2 gongs at end of Vespers

8:30 Clean Up