Intensive Practice Period 2026
Orders of Ceremony

Monday, Jan. 12th

7:00 – 8:00 am – Opening Ceremony

7:00 am - Meditation 30 min *3 gongs to start
Throssel Recording Dawn Drum, Kesa Verse
*2 gongs after all kesas and wagesas are on
Ring Down, Three Bows *ring down sequence
Dedication *1 gong to start, 1 gong to end
Throssel Recording *The Scripture of Great Wisdom*
Shasta Recording *Dedication of Merit*
Rev. Vivian recites Offertory
*Strike gong for Three Homages
Ring Down, Three Bows *ring down sequence
*two gongs to end service

6:45 - 8:30 pm - Opening Evening and Ceremony

6:45 pm - Join meeting, chat, announcements
7:00 pm - Posting of Merit Board and Dedication
*1 gong at start - pause
Dedication (Rev Vivian) *followed by 1 gong
7:05 pm – Meditation 10 min *3 gongs to start, 2 to end
7:15 pm - Dharma Talk and Discussion
8:20 pm - Meditation 5 min *3 gongs to start
Throssel Recording *Vespers* *2 gongs to end "Rest"

Tuesday, Thursday, and Sunday Mornings

7:00 - 8:00 am Morning Office
7:00 am Meditation 30 min *3 gongs to start
Throssel Recording Dawn Drum, Kesa Verse
*2 gongs after all kesas and wageses are on
Ring Down, Three Bows *ring down sequence
Dedication *1 gong to start, 1 gong to end
Throssel Recording *Sandokai, Most Excellent Mirror Samadhi, Ancestral Line*, with Offertory and Three Homages
Ring Down, Three Bows *ring down sequence
*two gongs to end service

Wednesday, Friday & Monday Mornings

7:00 - 8:00 am - Morning Service
7:00 am Meditation 30 min *3 gongs to start
Throssel Recording Dawn Drum, Kesa Verse
*2 gongs after all kesas and wageses are on
Ring Down, Three Bows *ring down sequence
Dedication *1 gong to start, 1 gong to end
Throssel Recording *Scripture of Great Wisdom, Litany of the Great Compassionate One, Adoration of the Buddha's Relics*, with Offertory and Three Homages
Ring Down, Three Bows *ring down sequence
*two gongs to end service

Tuesday, Thursday, Friday, Saturday & Sunday Evenings

7:00 - 7:40 pm - Meditation & Vespers
Meditation 30 min *3 gongs to start
Throssel Recording *Vespers* *two gongs to end "Rest"

Wednesday Evening

6:45 - 8:15 pm - Meditation, Discussion and Vespers
7:00 pm Meditation 10 min *three gongs to start, two to end
7:10 pm Dharma Talk and Discussion
8:05 pm Meditation 5 min *three gongs to start
Throssel Recording *Vespers* *two gongs to end "Rest"

Monday, Jan 19th

6:45 - 8:30 pm - Closing Evening and Ceremony

6:45 pm - Join meeting, chat, announcements
7:00 pm - Merit Board and Dedication *gong to start and gong to end
Ring Down, Three Bows *ring down sequence
Throssel Recording *Adoration of the Buddha's Relics*
Ring Down, Three Bows *ring down sequence
Meditation 20 min *3 gongs to start, 2 to end
7:35 pm - Short Break
7:40pm - Dharma Talk & Discussion
8:20 pm - Meditation 5 minutes *3 gongs to start
8:25 pm - Closing Ceremony:
*hit wooden block and ring bell, alternately, 7 times
Precentor recites verse
All recite the names of the Ten Buddhas
*clappers at beginning of each
Precentor: "Rest" *two gongs

Note: A separate schedule for the Intensive Practice Retreat (Saturday, Jan 17th) will be provided.